



FAW FACT SHEET

First Aid at Work (FAW)

Subsidy Approval: FAW Course is approved by Cyprus Human Resource Development Authority (CHRDA / ANAΔ) for subsidy / grant aid, which is available to companies who meet the criteria for eligibility of such grants. Kalliopi First Aid Training offers assistance in the subsidy application process.

Approved Trainers: Kalliopi First Aid Trainers / Assessors are certified by Cyprus Human Resource Development Authority (CHRDA / ANAΔ), to provide First Aid Training Programmes and satisfy the criteria for subsidy / grant aid.

Language: This course can be taught in either Greek or English.

Who Will Benefit: This course is available to small, medium or large size companies or individuals who work or aspire to work in the following industries: Hotels, Banks, Gyms, Public Swimming Pools, Supermarket & Shopping Centres & Malls, Schools & Universities, Health Clinics, Stadiums, Airport terminals, Bus Stations, Private or Municipal Lifeguards, exhibition spaces or any place frequented by general public.

Course Aims: To enable participants to attain the skills and knowledge needed to perform effective First Aid in the workplace in accordance with the current Cyprus Government legislation on Health and Safety in the workplace (Κ.Δ.Π. 189/2009).

Information: The FAW training programme is approved and fully complies with the Cyprus Government Legislation which is in accordance with the latest **(2015) European Resuscitation Council (ERC) Guidelines**.

Course Includes: 21 hours of practical and theoretical First Aid & CPR training and assessment; Certification in FAW; Training Materials; Manual & Examination; Assessment; Registration and Wall Certificate.

Course Objectives: This course is designed to train and educate participants to understand the role of the First Aider and acquire knowledge in the techniques of confidently administering First Aid in the workplace. It aims to train participant to assess and act safely in an emergency and administer appropriate first aid. This course also covers first aid procedures using basic life support techniques and Cardio Pulmonary Resuscitation (CPR).

Course Program: **1 Instructor per max. 15 students**
1 Oral Resuscitation mask for each student
1 Manikin per 4 students
Latex or medical gloves – 1 pair per student
Classroom audiovisual equipment
Cleaning & Medical materials (dressings etc.)

Knowledge Development:

Basic Cardiopulmonary Resuscitation (CPR)
Scene & Safety Assessment and action
Manage a casualty experiencing a Seizure
Recognise & administer first aid for choking
Shock
Poisoning
Burns
Anaphylactic Shock
Bone, joint, muscle or spinal injury
Eye wound
Demonstrate how to control severe bleeding
Diabetes
Asthma

Knowledge Development Cont.:

Understand the current legislation on First Aid
Unresponsive casualty inc. Epilepsy & Recovery Position
Understand the role of the first aid responder
Recognise the requirement for & administer CPR
Identify symptoms of cardiac arrest & manage casualty
Identify symptoms of heart attack and manage casualty
Identify symptoms of a Stroke and manage casualty
Identify information for accident report/record inclusion
Identify first aid equipment for a named situation
Identify importance of personal hygiene & protection from cross infection
Treating minor injuries (cuts/bruises/burns/splinters)
Chest Injury

Certification: After successfully completing all elements of the course, participants will be certified for FAW for 3 years.